

SCHEDULE AT-A-GLANCE

Wednesday, October 26th

Practice Management Workshop: Launching and Growing a Successful Age Management Practice

Many attendees of the AMMG conferences are attracted to the field of Age Management Medicine, but do not feel qualified, or empowered with the necessary tools, to successfully transition from the well-established structure of disease-based medicine or from the traditional insurance-based reimbursement system into a system which relies to a significant degree upon direct pay.

In addition this workshop is also designed to complement the [AMMG Certification in Age Management Medicine](#) for **physicians and healthcare professionals and to help educate and inform medical and office staff**. Attendees will be guided through the process of developing an Age Management Practice. Our goal is for the attendee to be equipped with the basic tools for making the necessary decisions on what is required from a Practice Management point of view.

Non-CME Course

9:00 am – 9:30 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

9:30 am – 10:15 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

Joel Suraci

Alia Fox, M.D.

Sarah Brice, R.N.

10:15 am – 10:30 am Break

10:30 am – 11:15 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

Tony Orlando

Jeff Rubinoff

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes

Rudy Inaba, M.S.

12:00 pm – 1:00 pm Lunch Break / Lunch provided by DEXA+

1:00 pm – 1:45 pm

Developing a Marketing and Branding Program

Audrey Neff

1:45 pm – 2:30 pm

Employee Management and Engagement

Rudy Inaba, M.S.

2:30 pm – 2:45 pm Break

2:45 pm – 3:30 pm

Client / Patient Experience Expectations

Rudy Inaba, M.S.

3:30 pm – 4:15 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Zach Parry, Esq.

4:15 pm – 5:00 pm

Practice Landmines & Practice Pearls

Chuck Guglin, M.D., FACS

5:00 pm – 5:15 pm

AMMG Physician and Healthcare Provider Certification Program

Francesca Guglin

5:15 pm - 5:30 pm

Open Forum with Q & A

All Speakers

SCHEDULE AT-A-GLANCE

Thursday, October 27th
PRE-CONFERENCE TRACK

Workshop: Human Performance: Fitness in Age Management Medicine

Physicians treating an aging population must recognize the importance of using fitness as a basic diagnostic tool to effectively diagnose structural, muscular, chemical and psychological conditions of a patient, establish a baseline and then to incorporate fitness protocols into their practice both as preventative programs to optimize patient health and as therapeutic interventions to treat disorders of aging such as obesity and metabolic syndrome. Basic knowledge of fitness is critical for all physicians and more so for age management physicians, who need essential knowledge to be able to evaluate patient fitness levels and incorporate levels of fitness into individualized patient treatment programs.

8:00 am – 8:45 am

Defining Fitness in the Age Management Industry

Rudy Inaba, M.S.

8:45 am – 9:45 am

Principles of Exercise Physiology

Rafid Fadul, M.D., MBA

9:45 am - 10:30 am

Diagnostic Fitness Assessments: Primary Assessments & Supporting Diagnostics

Christopher Arboleda, MS

10:30 am – 10:45 am **Break**

10:45 am - 12:00 pm

VO₂ max Practical Demonstration (LIVE Demo)

Peter Hellberg, M.S.

Assisted by Josh D'Alessandro, Sydney Brackett, M.S.

12:00 pm - 1:30 pm **Lunch Break**

12:00 pm – 1:00 pm

Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction

Presented by Gary Harker, Author Daily DOSE

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Legally Mine

1:30 pm – 2:30 pm

Aerobic & Anaerobic Training (LIVE Demo): Compare both in real time

Peter Hellberg, M.S.

Assisted by Josh D'Alessandro, Sydney Brackett, M.S.

2:30 pm **Exhibits Open**

2:30 pm – 3:15 pm

Aerobic Performance & Body Composition in Precision Medicine

Sydney Brackett, M.S.

3:15 pm – 4:00 pm **Break / Visit Exhibits**

4:00 pm – 4:45 pm

Exploring the Science and Importance of Recovery: Includes Demo of Acoustic Ultrasound Therapy

Peter Hellberg, M.S.

Assisted by Josh D'Alessandro, Sydney Brackett, M.S.

4:45 pm – 5:30 pm

Nutrition & Nutraceutical Strategies to Enhance Exercise-Mediated Clinical Outcomes

Rudy Inaba, M.S.

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests. Held in Conference Networking and Exhibits Center

SCHEDULE AT-A-GLANCE

Thursday, October 27th
TWO HALF-DAY WORKSHOPS

Morning Workshop:

Critical Issues in the Use of Nutrients and Nutrition to Improve Patient Outcomes

According to the NIH basic nutrients are critical to better health, particularly in older and aging adults. Physicians need to understand the science and evidence-based use of essential nutrients in clinical practice. How clinicians direct their patients on the safe and evidence-based use of these nutrients should be part of every Age Management Practice. During this presentation we will review some of the controversies and evidence-based strategies for diagnosing nutrient depletion and the implementation of personalized patient treatment programs to increase nutrient levels and improve patient outcomes.

8:00 am – 9:15 am

Causes of Nutrient Depletions

Derrick DeSilva, Jr., M.D.

9:15 am – 10:00 am.

Diagnosing Nutrient Deficiency

Jennifer Speiser, NP-BC, LE

10:00 am – 10:15 am Break

10:15 am – 11:30 am

Customizing a Treatment Plan for the Aging Patient

Derrick DeSilva, Jr., M.D.

11:30 am - 12:00 pm

Case Presentation & Discussion / Q & A

Derrick DeSilva, Jr., M.D.

Jennifer Speiser, NP-BC, LE

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction

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Afternoon Workshop:

Weight Loss Strategies to Improve Patient Outcomes

Study after study has demonstrated that obesity is associated with higher risk of many chronic diseases including heart disease and type 2 diabetes. Weight loss may reduce the risk of developing chronic disease and other serious conditions and improve the quality of life. Age Management Physicians must understand the science behind weight loss, the causes of weight gain, and evidence-based treatments such as hormones, diets, exercise, pharmaceutical and even surgical options for treatment which will improve patient outcomes.

1:30 pm – 2:10 pm

Beyond the Basics: Evidence for Strategies to Achieving Lean Body Mass

Ashley Madsen, PA-C

2:10 pm – 3:00 pm

Weight Gain Causation: Metabolic Syndrome, Stress, Diet, Genetics

Mizyl Damayo, M.D.

2:30 pm Exhibits Open

3:00 pm – 3:40 pm

Metabolic Syndrome and Hormonal Options for Reduction of Weight

Jeffrey M. Galvin, MD

3:40 pm – 4:10 pm Break / Visit Exhibits

4:10 pm – 4:50 pm

Weight Loss Diets: A Review of Healthy Diets for Weight Loss and Those to Avoid

John E. Lewis, Ph.D.

4:50 pm – 5:30 pm

Tailored Interventions for Weight Optimization: Pharmaceutical & Surgical Options for Improved Patient Outcomes

Lauren Klein, PA-C

5:30 pm – 7:00 pm

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SCHEDULE AT-A-GLANCE

Thursday, October 27th PRE-CONFERENCE TRACK

Workshop: Office Based Aesthetics for the Age Management Medicine Clinician

In response to attendee requests for information on aesthetic protocols and treatments which are office based and can be done by non-board-certified Age Management Clinicians either full time or as an adjunct to their existing practice, the decision not to accredit this track was made so that attendees could be provided with business tools as well as the science and medical information necessary to implement these procedures. The goal is not to make this track commercial but to give speakers in this niche area the leverage to openly discuss procedures and answer questions that could be severely restricted in an accredited environment. This track is also very appropriate for Support Staff.

Non-CME Course

8:00 am – 8:45 am

Successful, Safe, Easy to Implement, Multi-Modality Treatments for Physicians Entering the Aesthetic Marketplace, or Expanding their Aesthetic Practice

H. William Song, M.D.

Tammy Polit, M.D.

8:45 am – 9:15 am

PRP or PRF: What is the Difference? Which Do I Use?

H. William Song, M.D.

9:15 am – 10:15 am

Latest Update on Stem Cells / Exosomes for Aesthetics

Jordan Plews, M.D.

10:15 am – 10:30 am Break

10:30 am – 11:15 am

Hair Restoration (Includes Demonstration)

Brandy LeSaffre

11:15 am – 12:00 pm

Micro Needling (Includes Demonstration)

H. William Song, M.D.

Nadia Bixler, L.E.I.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction

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1:30 pm – 2:15 pm

Treating Ethnically Diverse Skin & Unique Patient Issues for Ethnically Diverse Skin (Includes Demonstration)

Tammy Polit, M.D.

2:15 pm – 3:00 pm

Male & Female Sexual Wellness Using PRP and PRF

Ian Levenson, D.O., FACOPF

2:30 pm Exhibits Open

3:00 pm – 3:30 pm Break / Visit Exhibits

3:30 pm - 4:00 pm

Increase Retail Product Sales: Identify the Correct Products and How to Market Them

Nadia Bixler, L.E.I.

4:00 pm – 5:30 pm

Facial Mapping Using Ultrasound for Enhanced Precision in Aesthetic Medicine (Includes Demonstration)

Luis Martínez, M.D., MPH

5:30 pm – 7:00 pm

AMMG Welcome Reception

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SCHEDULE AT-A-GLANCE

Thursday, October 27th
PRE-CONFERENCE TRACK

Workshop - Traumatic Brain Injury: A Clinical Approach to Diagnosis and Treatment

This full day program, TBI – A Clinical Approach to Diagnosis and Treatment, will provide to the attendees overwhelming information culled from peer-reviewed articles on Traumatic and Non-Traumatic Brain Injuries as causative factors for personality changes, cognitive impairment and mood disorders leading up to suicide. The attendees will be walked through the literature discussing the effects of primary traumas and the secondary effects of inflammation and oxidative stress on functionality. The rising cases of post-Covid neurological complications will also be discussed as a new entry into non-traumatic brain injury due to the “Cytokine Storm”. This program will prepare you for the treatment.

Course Faculty (all sessions in this track)

Mark L. Gordon, M.D.

8:00 am – 9:00 am

Introduction to Neuroinflammation and Traumatic Brain Injury

9:00 am – 10:15 am

The Neurology Associated with Traumatic Brain Injury

10:15 am – 10:30 am Break

10:30 am – 11:30 am

Neuroinflammation of Traumatic Brain Injury

11:30 am – 12:00 pm

Endocrinology/Neuroendocrinology of Traumatic Brain Injury

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction

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1:30 pm – 2:30 pm

Neuropsychiatry and Traumatic Brain Injury

2:30 pm – 3:30 pm

The Laboratory Assessment of Traumatic Brain Injury

2:30 pm Exhibits Open

3:30 pm – 4:10 pm Break / Visit Exhibits

4:10 pm – 5:30 pm

An Approach to the Treatment of Traumatic Brain Injury

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

SCHEDULE AT-A-GLANCE

Friday, October 28th GENERAL SESSION

7:00 am – 7:45 am

Treating Growth Hormone Deficiency

Presented by Mark Gordon, M.D.

Open to all attendees and includes a complimentary breakfast

Non-CME symposium sponsored by University Compounding Pharmacy

8:00 am – 8:05 am

Opening Remarks

8:05 am – 8:20 am

Presentation of the Alan P. Mintz, M.D. Award for Clinical Excellence in Age Management Medicine

8:20 am – 9:10 am

How Can Age Management Medicine Impact the Underserved in Low Income Communities: Learning to Live Better and Longer

Kavita Prasad, BSc (Hons), M.D., FACP

9:10 am – 10:00 am

Innovations in Precision Medicine to Improve Patient Outcomes in Age Management Medicine

Florence Comite, M.D.

10:00 am - 10:30 am **Break / Visit Exhibits**

10:30 am – 11:15 am

Extending Human Lifespan with AI, Genomics, Epigenetics, Senotherapeutics, TPE, GH and Cell Therapy

George Shapiro, M.D.

11:15 am – 12:00 pm

Testosterone Therapy Risks: Prostate Cancer and Erythrocytosis

William Clearfield, D.O.

12:00 pm - 1:30 pm **Lunch Break / Visit Exhibits**

12:00 pm – 1:00 pm

Myths Doctors Believe Regarding Taxes, Lawsuits, and Estate Planning that Put Your Life and Practice at Risk

Presented by Art McComber, Former FBI Special Agent

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Fortune Law Firm

1:30 pm – 1:45 pm

Why Undergo Certification in Age Management Medicine

Derrick DeSilva, Jr., M.D.

1:45 pm - 2:30 pm

Hypogonadism: Testosterone and Men

Rob Kominiarek, D.O., FACOFP

2:30 pm – 3:15 pm

Managing Complications of Hormone Therapy

Derrick DeSilva, Jr., M.D.

3:15 pm – 4:00 pm **Break / Visit Exhibits**

4:00 pm – 4:45 pm

Enterimmunology & Endocrinology: How Dysbiotic Gut Inflammation Leads to Hormone Imbalances, and How

Reversing Them is the Key to Resolving Chronic Illness

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

4:45 pm – 5:30 pm

Awakening Health Project: Fusion of Biomedical Knowledge and AI Nursing Assistant Robot Grace to Transform Senior Care

Ben Goertzel, Ph.D.

SCHEDULE AT-A-GLANCE

Saturday, October 29th GENERAL SESSION

8:00 am - 9:00 am

Modifiable Contributing Factors To Cognitive Decline

Sharon Hausman-Cohen, M.D., FAAFP, ABIHM

9:00 am - 10:00 am

Photobiomodulation: Cellular Impact and Longevity Implications

Luis Martínez, M.D., MPH

10:00 am - 10:30 am Break / Visit Exhibits

10:30 am - 11:15 am

Environmental Toxins –Silent Aging

Elliot Dinetz, M.D., ABFM, FAAMFM

11:15 am - 12:00 pm

Environmental Toxins, Mold, Mycotoxins, the Gut, the Brain and Misconceptions. An Evidence Based Lecture

Andrew Campbell, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

**Biological Age & Cenegenics Performance Health: How Treatment Influences Serum & Functional Health Outcomes
Presented by Rafid Fadul, M.D., MBA, Rudy Inaba and Robert Brooke**

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Cenegenics

1:30 pm - 2:15 pm

It's In the Air We Breathe and the Water We Drink: A Genomic Exploration of How an Individual's Genomics Contribute to Environmentally Related Illness

Sharon Hausman-Cohen, M.D., FAAFP, ABIHM

2:15 pm - 3:00 pm

Detox Protocols with Chelation and Chemical

Kathryn Retzler, N.D.

3:00 pm - 3:45 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

3:45 pm - 4:45 pm

Systematic Approach to Complex Disease

Chris Kleronomos, FNP, DAOM, MSc.

4:45 pm - 5:30 pm

Patient Access Threats: A Survey of the Pharmacy Compounding Policy Landscape

Scott Bruner, CAE

SCHEDULE AT-A-GLANCE

Sunday, October 30th GENERAL SESSION

8:00 am – 9:00 am

Biological Effects of Electromagnetic Fields (EMFs)

Martin Pall, Ph.D.

9:00 am – 10:00 am

Your Brain on Oxygen: How Hyperbaric Oxygen Therapy Reverses Brain Age, Accelerates Recovery, and Optimizes Cognitive Performance

Scott Sherr, M.D.

10:00 am - 10:15 am Break

10:15 am - 12:15 pm

Case Presentations & Discussions

MCAS Induced from Vaccine Reaction

Chris Kleronomos, FNP, DAOM, MSc.

Yogatherapeutics for Age Management Medicine: Theoretical Framework, Evidence, and Applications

Dushyant Viswanathan, MD, ABIM, ABoIM, AACE

Exercise and Nutrition Management and Plan Development in Age Management Medicine Patients: A Case Study

Joshua D'Alessandro

Central Pain Secondary to EDS with Tethered Cord

Chris Kleronomos, FNP, DAOM, MSc.

12:15 pm – 1:15 pm

Cracking the Paradigm About Tobacco Smoking: New Perspective Allows New Treatment Solutions to Improve Patient Outcomes

Harlan C. Bielely, M.D., MS

OBTAINING CME CERTIFICATES

**You must complete the online
Conference Evaluation / Attendance form
for CME credit**

For your convenience, this is done entirely online.

Go to www.AgeMed.org, click on October 2022 Conference, go to Accreditation and follow the screen prompts.

Please click on the attestation statement and complete all the required information.

NON-CME EVENTS OPEN TO ALL ATTENDEES

THURSDAY, OCTOBER 27TH

12:00 pm – 1:00 pm

Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction

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e-Journal of
AGE MANAGEMENT MEDICINE

The **E-Journal of Age Management Medicine** (Editor, Jeff Morris) is published bi-monthly by AMMG. Now in its 16th year, this electronic publication is designed to introduce readers to the specialty of Age Management Medicine, whether they are healthcare professionals familiar with this proactive, preventative approach who have already incorporated it into their practice, or are among those interested in doing so. We acknowledge the medical professionals who have pioneered in this area, and our goal is to provide them and those who will follow in their footsteps with a reliable source of cutting edge news, practical advice and relevant information about Age Management Medicine—with the goal of superior patient care, increased practice revenue and greater job satisfaction. Your comments or suggestions are welcome at journal@AgeMed.org.

CALL FOR ARTICLES AND PAPERS

The **E-Journal of Age Management Medicine** encourages and invites authors interested in submitting articles for publication to email us at journal@AgeMed.org.

Specifications: Articles should be **non-commercial** and must be related to Age Management Medicine. Those articles offering clinical perspectives or original research are given priority. Articles should be submitted in an electronic format, preferably in Microsoft Word as an attached file. Articles of extreme length may be split and published as multi-part articles. Please limit or exclude graphics. Articles should include a short biographical sketch of all listed authors.

Provisions: AMMG retains the right to refuse any article that we determine to be outside our editorial mission or inappropriate for this publication. AMMG may approve selected articles for reprinting in other publications, providing proper accreditation to the original author(s).